

## Come Follow Me - Old Testament

Week 9: Feb. 27-Mar. 5 ~ Matthew 8; Mark 2-4; Luke 7

Monday - Read the introduction for this week's CFM. Mention bonus talks at bottom of page that can be used for personal study throughout week

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FHE - Watch "Calming the Tempest" (linked) and discuss. Read "Jesus Calms the Storm" starting on page 334 in The Beginner's Bible. (If you don't have this book, read Matthew 8:23-27) and discuss. Watch "Master the Tempest is Raging & He'll Carry You" by Hillary Weeks (music video linked; song can be found on Spotify). What did you feel as you watched that? What do we learn about the peace Jesus offers in these songs? What are our "storms" or "dark hours"? How do we find peace? Lets read again about Jesus' response to the disciples when they were fearful during the storm...read Mark 4:38-41. Do we sometimes question why we have to endure certain storms? Do we sometimes wonder if He is there? Does our faith at times waiver leaving us feeling alone? Notice that their fear shifts from fear of the storm to "fear" of Christ and His power. What did we learn in CFM last year about what "fearing" God/Christ means? (trusting, respecting, obeying). How can we remember to fear God & not the storms in our life?

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Tuesday - Give each child a copy of the talk, "Accepting the Lord's Will and Timing" by Elder David A. Bednar (linked) and let them know we will be discussing this talk at dinner tonight. Encourage them to highlight anything that sticks out to them to help with our discussion later.

Wednesday - Read and discuss "The Savior can heal infirmities and sicknesses" in the CFM manual. Journals are needed for this discussion.

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Thursday - Read Mark 2:15-28. What are the differences between how Jesus views sinners vs the Pharisees? How do we make "sinners" feel in our presence? Pharisees also had a tendency to focus on the letter of the law vs spirit of the law; we just saw that in some of those verses. Lets now read Mark 3: 1-5. Discuss why Christ was frustrated with the Pharisees. Now lets read Luke 7:36-50. When have you experienced the tenderness and mercy that the Savior showed her? What do you learn from her example of faith, love, and humility?

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Friday - Read and discuss "Being a disciple of Jesus Christ means that I put Him first in my life" in the CFM manual

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Sunday - Discuss any bonus talks read by family members. Watch The Chosen.

Bonus talks that can be used for personal study: Peace Be Still and The Gift of Grace (linked)