

Come Follow Me - Old Testament  
Week 5: Jan. 30 - Feb. 5 ~ Matthew 4; Luke 4-5

Monday - Read the introduction for this week's CFM.

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FHE - In the CFM Manual under Ideas for Family Scripture Study and Home Evening do the section "Joseph Smith Translation, Matthew 4:11. Following the discussion, come up with an act of service we can do for a family, or individual, to let them know they're being thought of. Ideas: heart attack them, drop off cookies, write letters, etc.

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Tuesday - Read and discuss the section "Communing with God prepares me to serve Him" in the CFM manual. How can we better know what God would have us do? What actions must we take?

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Wednesday - Read and discuss "Jesus Christ set the example for me by resisting temptation". Note: Tempted means Christ actually felt the pull to do some of those things. He knows what it means to *resist* temptation. Our actions are more important than our thoughts but our thoughts can lead our actions so we must find the balance of not letting them overtake.

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Thursday - Read and discuss, "Jesus Christ is the prophesied Messiah" in the CFM manual. Note: "anoint" means to choose or nominate somebody for a leading or otherwise important position. Watch "Jesus Declares He Is the Messiah" on ChurchofJesusChrist.org. (linked)

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Friday - Read and discuss "As I trust in the Lord, He can help me reach my divine potential" in the CFM manual.

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Sunday - Watch The Chosen. Read the Beginner's Bible.

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