

Come Follow Me - Old Testament  
Week 1: Jan. 2-8 ~ Matthew 1; Luke 1

Monday - Read the introduction for this week's CFM. Read and discuss "Who were Matthew and Luke?" in the CFM manual.

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FHE - Read Matthew 1: 1-17 and discuss Jesus' genealogy. What are some stories you may remember from our ancestors? How does knowing about our family history enrich your life? What are you doing today to ensure your children will know their family history as well as your life experiences?

Tuesday - Read and discuss the section "Jesus Christ was born of a mortal mother and an immortal Father" in the CFM manual.

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Wednesday - Listen to the talk "Waiting on the Lord" by Jeffrey R. Holland. Read Luke 1: 5-13. How do you think Zacharias and Elisabeth remained faithful as they waited so long for such a righteous desire? You may at times find yourself waiting for a blessing but you too can remain faithful as you wait in His timing. What could you do as you wait?

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Thursday - Read and discuss the section in the CFM manual titled "The faithful willingly submit to God's will". Make sure to have journals with you for this one!

Friday - Memorize Luke 1:37. What are some things we have read about this week that seem to be "impossible"? (Mary and Elisabeth's pregnancies, Zacharias made dumb, Joseph's patience and faith, etc). Are there other stories from the scriptures that seem impossible but happen due to the Lord? What about our own life or ancestors'?

Sunday - Read Luke 1:46-55. This is known as "Mary's Psalm". What are some of the "great things" the Savior has done for us? What can we do to "magnify the Lord" in our home? In our personal life? In our callings?