

Come Follow Me - Old Testament
Week 15 : Apr 4 - Apr 10 ~ Exodus 14 - 17

Monday - Read the introduction for this week's CFM. Introduce word of the week and discuss.

FHE - Read "The Red Sea" (p 111; covers Exodus 14) in The Beginner's Bible. Read D&C 8: 2-3 and discuss what insight it gives us to the story of Moses and the Red Sea

Tuesday - Read Exodus 14:13-31. What do we learn from these verses that can help us seek God's deliverance in our life? Journal how you have seen Him "deliver" you or others.

Wednesday - Watch "The Israelites in the Wilderness" found in the Old Testament Stories section on the Gospel Library app. Discuss the section in the CFM manual titled "I can trust the Lord, even during difficult times".

Thursday - Read and discuss the section "The Lord can make bitter things sweet" in the CFM manual. Journal your thoughts/impressions.

Friday - Read and discuss the section "I should seek daily spiritual nourishment" in the CFM manual.

Sunday - Read and discuss the section "Jesus Christ is my spiritual rock and living water" in the CFM manual. Journal any promptings/impressions. Review the word of the week and discuss lessons from church that day.