

Come Follow Me - Old Testament  
Week 10 : Feb 28 - Mar 6 ~ Genesis 28-33

Monday - Read the introduction for this week's CFM. Introduce word of the week and discuss.

FHE - Isaac forbids Jacob to marry a Canaanite and Esau is angry over Jacob receiving the birthright so Isaac sends Jacob to Padan-aram to find a wife and to escape the wrath of Esau. On his way, he has a dream/vision of a ladder reaching heaven. Tonight we will read about this dream and interpret it. Read Genesis 28:10-22. What do the rungs of the ladder represent? (the covenants made with the Lord). Draw a picture of the ladder and label the rungs.

Tuesday - Watch the video, "Jacob and His family" found in the CFM manual on the Gospel Library app under "ideas for Family Scripture Study and Home Evening". Jacob and the Lord made promises to each other, called covenants. Jacob also made a promise with Laban to work for him for 7 years to marry Rachel. Why do you think making and keeping promises are so important?

Wednesday - Read and discuss the section in the CFM manual titled "The Lord remembers me in my trials".

Thursday - Read and discuss "Thoughts to Keep in Mind: The House of Israel" found at the beginning of this weeks CFM pages.

Friday - Read "Jacob & Esau Meet Again" from The Beginner's Bible (pg 66; covers Genesis 29) and discuss. (You can also discuss the section in CFM manual "The Savior can help us overcome discord in our families")

Sunday - Read Genesis 32: 9-12. What stands out about Jacob's prayer? What do we learn about forgiveness from Esau's example? Read Matthew 5:43-45. What can we do to keep our family relationships strong? Journal ideas. Discuss lessons had at church and review the word of the week.